



Mental Health Report – Annual Medical Camp, at Treasure Life Centre (TLC)

6th December 2025

Prepared by: **CSR** Team, Torrid Petric Legacy Enterprises Ltd

About Torrid Petric Legacy Enterprises Ltd:

VISION: To emerge as a versatile, multi-faceted social enterprise in Africa

MISSION STATEMENT: Producing meticulously customized products and services that catalyze socio-economic transformation within communities in Africa.

Appreciation

We extend our sincere appreciation to the Rotary Club of Kitante, in partnership with the Rotary Club of Kyadondo, Rotary Club of Kampala City, Rotaract Club of Kitante, and Rotaract Club of Kyadondo, and their corporate partners and sponsors for organizing the medical camp and

mobilizing resources to provide vital medical services to the Kamwokya community.

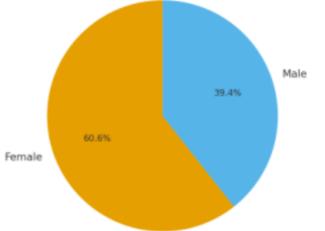
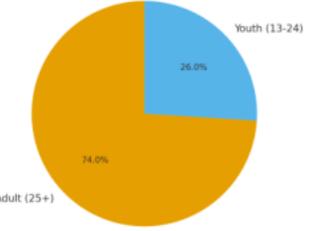
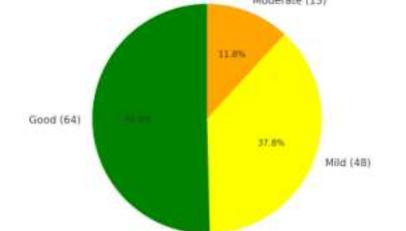
Integrating Mental Health Services

We commend the decision to integrate mental health services into the medical camp, a continuation of last year's initiative. Mental health is a vital part of holistic care. Including mental health services at outreach events and embedding mental health awareness and support at the club level helps:

- i) Identify individuals in need of immediate psychosocial support.
- ii) Reduce stigma by normalizing conversations around mental well-being.
- iii) Enable early referral and linkage to counseling and treatment services.
- iv) Strengthen community resilience and overall health outcomes.

Data Visualizations

The following charts summarise the participants and mental health risk distribution from assessments conducted at the camp.

Participants by Gender	Participants: Youth (13-24) vs Adults (25+)	Mental Health Risk Levels (Good = Green, Mild = Yellow, Moderate = Orange, Severe = Red)																											
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Observations & Interpretation

- Total participants assessed: **127**
- Gender distribution: {'Female': **77**, 'Male': **50**}
- Age categories: {'Adult (25+)': **94**, 'Youth (13-24)': **33**}
- Risk level distribution: {'Good': **64**, 'Mild': **48**, 'Moderate': **15**, 'Red': **0**}

General interpretation:

Most participants fall into the 'Good' or 'Mild' risk categories, indicating that while many attendees show low current risk, a notable portion are in the 'Moderate' category and require follow-up. Youth (13-24) make up a substantial share of attendees, and integrating targeted youth-friendly mental health education is recommended. The presence of 5 clients with outstanding cases (including gender-based violence and drug addiction) highlights the need for clear referral pathways and continued psychosocial support.

Challenges

90% of the participants did not know how to use computers, which necessitated our volunteers to feed in the information on their behalf while reading to them the questions and providing interpretation where

necessary. Language barrier was also a challenge, which necessitated us to translate the tool to the languages the participants best understood by using a Google translator, and provided further articulation as much as was needed. Although this slowed down the process a bit, we managed to have coverage of 127 participants.

Counsellor Support & Facilitation

Five clients were supported by the counsellor with outstanding needs, including cases of gender-based violence and drug addiction. We appreciate the facilitation of UGX 400,000 issued to our team, which enabled us to provide internet, gadgets, and facilitation for volunteers to support and assist participants during assessments. The digital screening tool was made freely accessible as a probationary service at the camp alongside on-site counselling.

Closing Remarks

We thank the organizers and partners for allowing us to be part of this medical camp. This opportunity also enabled us to receive positive feedback from the users, which has greatly informed our latest upgrades in the app. Torrid Petric Legacy Enterprises Ltd remains available to support future camps and club/organization-level mental health prioritization, including training, screening, counselling, and referral support.

Pictorials



